

From: GOA BizConnect [<mailto:BizConnect@gov.ab.ca>]
Sent: March 15, 2021 2:16 PM
Subject: RE: Biz Connect Contact Form Submission

Thank you for contacting BizConnect about masking requirements. We appreciate the opportunity to provide the following information.

Low intensity physical activity is defined as an activity that does not cause an increase in respiration or heart rate. It is only permitted under the following conditions:

- 3 metres of physical space must be maintained between all participants at all times
- Masks must be worn while performing the physical activity – there are no exceptions.

Swimming is considered a high intensity activity. For aquatic activity to be considered low intensity, participants must be able to keep their heads above water at all times and wear a mask. If this is not possible, they cannot participate in the activity. There are no exemptions to this requirement.

Thank you for writing.

Sincerely,

BizConnect Team
Reference 0008-3